



February 2019

# SEAT PLEASANT NEWS

Visit us at [www.seatpleasantmd.gov](http://www.seatpleasantmd.gov) and follow us



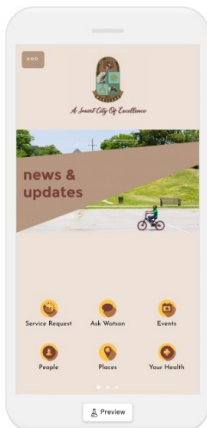
@SeatPleasantChannel



@CityofSeatPleasant



@SeatPleasant1



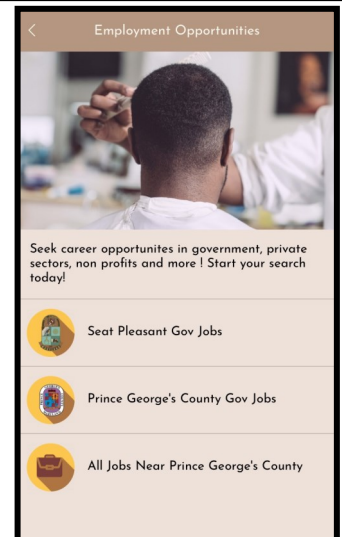
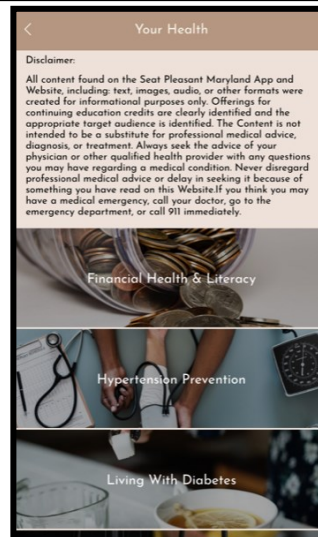
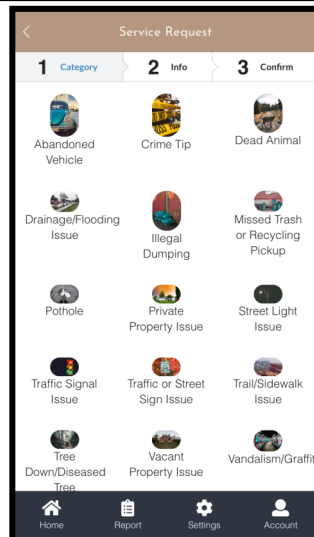
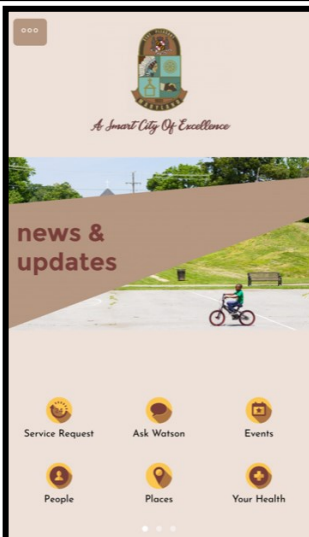
Please click the Image above to access instructions for downloading the app.

## The Annual State of the City Address 2019



Want to transform your city into a Smart City? Click on the CGS Image above for more information!

**Check out the new Seat Pleasant website! If you missed the Mayor's 2019 Annual State of the City Address, you can watch it on our the front page of our City's website.**



**The City of Seat Pleasant also has a new and improved My Seat Pleasant Mobile Application that is more efficient and informative! You'll be able to make police reports straight from your phone, submit service requests learn about various health facts and resources to health services, employment opportunities within Seat Pleasant, within Prince Georges County and jobs near Prince George's County, monthly events synced to your phones, Ask Watson a cognitive chat service and much more!!!**

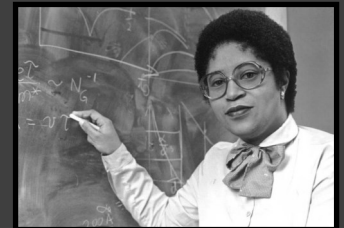
# BLACK HISTORY MONTH FACTS

The National Association for the Advancement of Colored People (NAACP), a civil rights organization, was founded in 1909. The celebration of Black History Month began as “Negro History Week,” created in 1926 by Carter G. Woodson, a noted African American historian, scholar, educator, and publisher. It later became a nationally month-long celebration in 1976. The month of February was chosen to coincide with the birthdays of Frederick Douglass and Abraham Lincoln. 2019 marks the 110th anniversary of the celebration, now celebrated in other countries such as Canada, Germany, Netherlands and the United Kingdom recognized in October.



## African American Inventors you may not know!..

- **Otis Boykin's** most notable contribution to science was likely the circuit improvements he made to pacemakers after losing his mother to heart failure — a contribution that has saved countless lives since.
- **Dr. Shirley Jackson** is an American physicist who received her Ph.D. from the Massachusetts Institute of Technology in 1973. She was the first African-American woman to earn a doctorate in nuclear physics at MIT. Her experiments with theoretical physics paved the way for numerous developments in the telecommunication space including the touch-tone telephone, the portable fax, caller ID, call waiting, and the fiber-optic cable. Today, Dr. Shirley Jackson is the 18th president of Rensselaer Polytechnic Institute in Troy, New York.
- **Charles Drew** was a physician, surgeon, and medical researcher who worked with a team at Red Cross on groundbreaking discoveries around blood transfusions. In World War II, he played a major role in developing the first large-scale blood banks and blood plasma programs.
- **Thomas L. Jennings** (1791 – February 12, 1856) was an African-American tradesman and abolitionist in New York City, New York. He operated and owned a tailoring and dry-cleaning business, and, in 1821, he was the first African American to be granted a patent for the first ever dry cleaner.





## CPAC Membership Drive

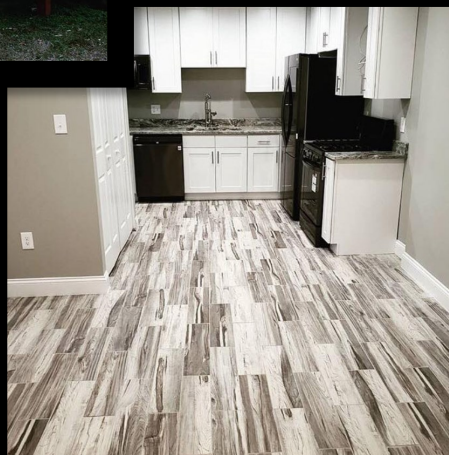
### (CPAC – Seat Pleasant’s Citizens for Public Safety Advisory Council)

Are you the type of person who cares about your neighborhood and the well-being of our city? Then CPAC is the place for you! CPAC is an organization that consists of residents and members of the Seat Pleasant Police Department. We share a common goal in that we believe in working together to reduce crime and improve our quality of life. We are looking for people like you who want to make Seat Pleasant a safer and better place. We need residents who will attend meetings, help us organize safety forums and our Neighborhood Watch Program, be involved in activities with the Seat Pleasant Police Department, and so much more. It's a wonderful opportunity to meet people and do something good for our great city. We meet every month and would love for you to be a part of the change in Seat Pleasant. Won't you join us? If you're interested in becoming a member of CPAC, please fill out an application. To get one, you can 1) stop by the Seat Pleasant Police Department at 6011 Addison Road, 2) email us at [cpac.seatpleasant@live.com](mailto:cpac.seatpleasant@live.com), or 3) call us on (240) 619-8631. Feel free to contact us for additional information! Looking forward to working with you!!



Looking to buy a home?! Seat Pleasant has fully renovated affordable housing. These are modern Smart Homes that make life more convenient for you and your family.

Call Shameeka Price , Real Estate Agent, with Capital Structures Real Estate, Llc.: (301) 440-7224 for more information or Brian Bailey, Acting Seat Pleasant Economic Development Director





## Emergency Resources

### RENTAL ASSISTANCE:

Salvation Army 4825 Edmonston Road  
Rogers Heights, MD  
301-277-6103

United Communities Against Poverty  
(UCAP)  
1400 Doewood Lane  
Capitol Heights, Maryland 20743  
(301)322-5700

### PANTRIES:

UCAP  
1400 Doewood Lane  
Capitol Heights, Maryland 20743  
(301) 322-5700 ext. 101

Heaven's Helpers Ministry  
7108 E. Forest Road  
Landover Maryland 20785

**Save The Date**

**COSP**

**City of Seat Pleasant  
Summer Youth  
Employment Program**

**SUMMER JOBS FOR AGES 14-19**

**APPLY FROM MARCH 15—May 3, 2019**

**Employment Begins: July 8—August 23, 2019**

Go to our website to apply: [www.seatpleasantmd.gov](http://www.seatpleasantmd.gov)

Call us at 301 336 2600 or Download the My Seat  
Pleasant Mobile App to apply

YouTube @SeatPleasantChannel in f @CityOfSeatPleasant @SeatPleasant1



DEPARTMENT OF PUBLIC ENGAGEMENT

# CREDIT REPAIR WORKSHOP

Workshop Date: 3/23/ 2019  
Time : 11 am - 1pm  
Location: 311 68th Place  
Seat Pleasant, MD 20743

FREE Lunch & Transportation  
will be provided!  
Call Lisa Shabazz to Register  
301.336.2600

Transportation provided by the  
Seat Pleasant Call-A-Bus

[www.SeatPleasantMD.gov](http://www.SeatPleasantMD.gov)

**YOUTH@WORK  
SYEP**  
PRINCE GEORGE'S COUNTY  
SUMMER YOUTH ENRICHMENT PROGRAM

Angela D. Alsobrooks  
County Executive

**SUMMER JOBS FOR AGES 14-22**

**APPLY February 1 -  
March 22, 2019**

[YouthAtWork.mypgc.us](http://YouthAtWork.mypgc.us)

Employment Begins:  
June 24 - August 2, 2019

**Ages 14-17 earn \$9.80/hour  
Ages 18-22 earn \$11.50/hour**

The Prince George's  
County  
Youth@Work/Summer  
Youth Enrichment  
Program (SYEP) provides  
an opportunity for young  
people across the County  
to participate in career  
development, life-skills  
training and summer  
employment  
opportunities.



CONTACT US FOR MORE INFO AT

**(301) 883 - 6200**



Follow PGCSYEP

VISIT OUR WEBSITE AT

**[YouthAtWork.mypgc.us](http://YouthAtWork.mypgc.us)**

Email SYEP@co.pg.md.us if you require accommodations.



# *Seat Pleasant City Clerk*

## **City Council Monthly Meeting & Legislation Action Office of the City Clerk**

### **January 2019**

**The City Council held two meetings in the month of  
January and approved the following legislation:**

**Monday, January 7, 2019 Regular Work Session and the Public Session Meeting  
was held on Monday, January 14, 2019**

**Emergency Ordinance O-19-03** To Establishment of Small Cell Facilities within  
Seat Pleasant. **Approved 6-0-0**

**Ordinance O-19-04** To Amend the Fiscal Year 2018-2019 Budget for City  
Expenditures 1<sup>st</sup> Reading held on Monday, January 7, 2019.

**Ordinance O-19-05** To Amend the Fiscal Year 2018-2019 Budget for Community  
Legacy Grant Funding for Seat Pleasant Vacant Properties Revitalization 1<sup>st</sup>  
Reading held on Monday, January 7, 2019.

The Meeting Minutes for the month of December will be reviewed for approval on  
Monday, January 14, 2019.

The monthly meetings for the month of February will be on **Monday, February 4,  
2019 as the Regular Work Session at 6:00p.m.** and the **Public Session will be on  
Monday, February 11, 2019 at 7:00p.m.** All meetings are opened to the public with  
comments being taken in the Public Session. **The meetings will be held at the tempo-  
rary location, located at 311 68<sup>th</sup> Pl., Seat Pleasant, MD.**

Copies of Legislation and Meeting Minutes may be obtained from the Office of the City  
Clerk.



**2018 - 2019**

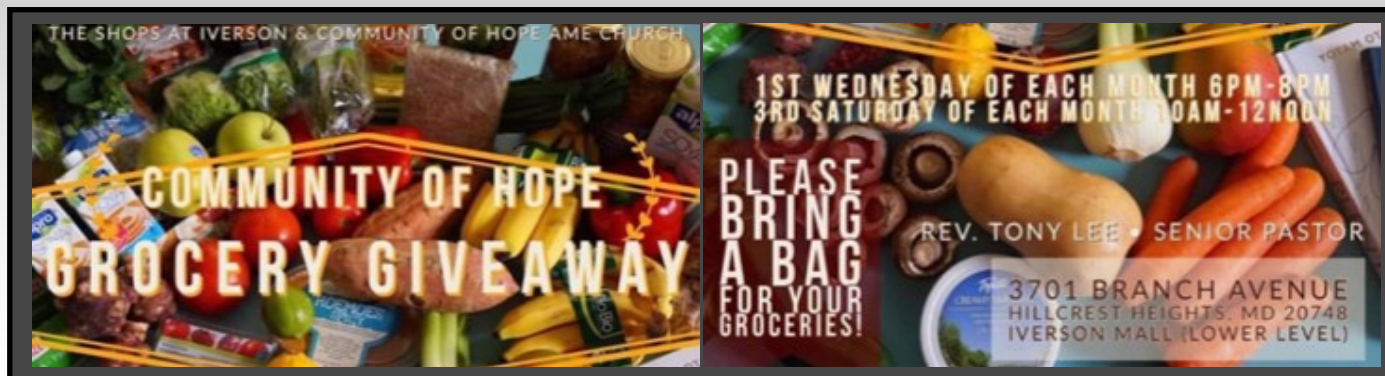
**Free and Reduced Lunch Online**

**Application Open !**



Calling all parents/guardians! Free and reduced lunch applications for the 2018-2019 school year is now available online. A new application is required each school year. You can apply online at [www.myschoolapp.com](http://www.myschoolapp.com).

One application per household and applications are processed within 24-48 hours. The online process has proven to be faster and more accurate, is available in English and Spanish and can be completed by computer or smartphone.



# Smoke Detectors



October is Fire Prevention Month and CPAC is encouraging the residents of Seat Pleasant to make sure smoke detectors are installed within their homes so that the risk of a fire will be lessened. A smoke alarm could mean the difference between life and death.

Did you know that according to the National Fire Protection Association, there are between 350,000 and 400,000 house fires in the United States every year? Did you also know that about two-thirds of home fire deaths occur in homes with no smoke alarms or no working smoke alarms? Fire can spread quickly and you may only have **one or two minutes** to get out of your home safely once a smoke alarm sounds. A smoke detector is a great early warning system and is considered to be one of the best and least expensive means of providing notice of a potentially deadly fire. This device will allow you and your family the precious, but limited, time needed to escape.

If you don't have a smoke alarm installed in your home, please get one right away and have one installed on every level of your home and outside sleeping areas.

We want you to be safe in your house! Please tell CPAC about the issues you have in your neighborhood. We meet with the Seat Pleasant Police Department every month and will discuss your concerns with them; we'll do our best to fix your issues and make your quality of life better! Please email your ideas, comments, concerns, and suggestions to us at [cpac.seatpleasant@live.com](mailto:cpac.seatpleasant@live.com). We look forward to hearing from you!

Like us on @ Seat Pleasant CPAC!



# Seat Pleasant Hypertension Reduction Program of 2019

As a result of the facts about hypertension and the burden it places on us, our families, and our community, Mayor Grant and the City Council have endorsed creating a Hypertension Reduction Program for Seat Pleasant geared to launch in **2019**. There are two components to the first phase of this program to wipe out Hypertension as much as possible in our community.

**City Actions:** As a result of becoming a Smart City, our City Government has created tools to engage, educate and then empower us to fight High Blood Pressure throughout our community. For 2019, there will be monthly articles in this newsletter, and on the City's website. In addition, there will be a section on our Seat Pleasant App for hypertension education that will give us tips on managing this silent killer. The City is also working with The World Hypertension Action Group (WHAG) to provide information and education materials for us to take accurate blood pressure readings between visits to our doctors. Last year, the Mayor's office ran a test to see if non-medical people could learn to take accurate blood pressures with modern automatic blood pressure instruments that can be used in our homes, at our Community Center, in our Churches, and at City Hall. This way, we all will have many ways to check our blood pressures in between our visits to our doctors. At these locations, there will be education handouts, and people trained to take accurate blood pressures allowing you to know what to do next.

**Your Actions:** Based on what you know about high blood pressure or what you saw in the video from Doctor Frita, you know that no matter what our doctors do, or our city does, we are most responsible for our own health, especially with high blood pressure. If we are African Americans, overweight, smoke, or have diabetes, we know that we are in greater danger of Heart, Kidney and Stroke damage. Because of this, most of the public education information that you will see in these newsletters, the City's website, and the Seat Pleasant App will be focused on helping us make the right decisions about the food we eat, how to get in better shape and quit smoking to do our part in leading our own healthy lives. It's up to us to take back control of our blood pressures. And with the help of families and the community we can do it together.



We are excited about our new Hypertension Reduction Program in Seat Pleasant, and hope that you will join us to lead healthier and longer lives as residents of America's First Authentic Small Smart City of Excellence! So, stay tuned for more information by staying connected with your City's information programs. You can also look on the web at the hundreds of hypertension education videos and studies online. Each month we will pick some that we think are best for us in Seat Pleasant and will talk about them at Ward meetings, in this newsletter, and in the Seat Pleasant App. Let's make 2019 the year that we begin to make a big difference in our health by controlling our own blood pressures.

# The City of Seat Pleasant

*"A Smart City of Excellence"*

311 68th Place  
Seat Pleasant,  
Maryland, 20743

Phone: 301-336-2600

Fax: 301-456-8681

**We're on the Web!!**

[www.SeatPleasantMD.gov](http://www.SeatPleasantMD.gov)



## IMPORTANT PHONE NUMBERS

SEAT PLEASANT POLICE DEPARTMENT	301-499-8700
PRINCE GEORGE'S COUNTY NON-EMERGENCY	301-352-1200
SEAT PLEASANT VOLUNTEER FIRE DEPARTMENT	301-336-2331
BATES TRASH	301-773-2069
CITY HALL/CALL-A-BUS	301-336-2600
METRO ACCESS	301-562-5360
PEPCO/OUTAGES & WIRES	202-833-7500/ 877-737-2662
PRINCE GEORGE'S COUNTY DEPT. OF AGING	301-265-8450
PRINCE GEORGE'S COUNTY DEPT. OF SOCIAL SERVICES	301-909-7025
PRINCE GEORGE'S COUNTY ELECTION BOARD	301-341-7300
PRINCE GEORGE'S COUNTY THE BUS	301-883-5600
WASHINGTON GAS/EMERGENCY	703-750-1000